

## COSTA RICA REJUVENATE PACKAGE

### Looking for the perfect place to heal and rejuvenate?

Let us organize all the details for you. It can be that easy!

We offer one of the most stunning locations in the Pacific Southern Zone. The property is located on a 75-acre biological reserve, and nestled right above a secluded beach. The rooms are luxurious, the meals are exquisite, and the range of things to do are surprising for such a small piece of Costa Rica.

#### Package Includes:

Transportation from and to San Jose Airport

7 days/6 nights stay

Luxurious accommodations for 10 - 20 people (double occupancy)

Welcome Dinner - first night

Healthy, nutritional, and healing meals - 3 meals/day

Cooking classes to learn how to feed your body and soul

Daily Yoga Classes

Sacred Cacao Ceremony - a loving and heart-opening ceremony

Breathwork Workshop - after a session of Natural Breathing, you feel full of energy, passionate and are inspired

Medicinal Plant Tour - plants are the source of modern medicines and local remedies

Two sessions of your choice - Reiki, Chiropractor, Massage, Crystal Reading, or Reflexology

Daily House-keeping services

Exclusive use of the property

Access to secluded beach

### Itinerary:

- Day One: Airport pickup and delivery to location, settle in with Welcome Dinner
- Day Two: Yoga Class/Sacred Cacao Ceremony - rejuvenate body n' soul with heart-opening class and ceremony
- Day Three: Yoga Class/Cooking Class - rejuvenate body n' soul, and learn how to make a difference through your food
- Day Four: Yoga Class/Breathwork Workshop - rejuvenate body n' soul, and achieve a real difference in your energy
- Day Five: Yoga Class/Cooking Class - rejuvenate body n' soul, and learn how to make a difference through your food
- Day Six: Yoga Class/Medicinal Plant Tour - rejuvenate body n' soul, and learn about the medicinal properties of local plants
- Day Seven: Pickup and delivery to San Jose Airport

### Extras Available Upon Request Include:

Tours ranging from whale watching, canopy zip lines, waterfall/horseback riding, bird watching, diving/snorkeling trips at marine park, national parks, surf classes, and more.

Or let us design a customized package for your group.

We are also available to host weddings, family reunions, business conferences, and more.

Over 15 years experience in the tourism industry here.

### Prices Starting At:

Minimum 10-person groups \$1140 per person = \$165/day

*Can accommodate larger groups to maximum of 20-person groups*

*All rooms are double occupancy with one king-size bed*

*Single occupancy available upon request for small additional cost.*

Contact us at: [admin@rptcostaricajourneys.com](mailto:admin@rptcostaricajourneys.com)

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